

Consent

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## **What is Sexual Assault?**

Any unwanted sexual act committed or attempted without freely given consent.

**Sex without consent is assault.**

#SAAM #OnlyYesMeansYes #Consent #RaiseAPIVoices



# What is Consent?

**F**reely given

**R**eversible

**I**nformed

**E**nthusiastic

**S**pecific



\*Adapted from Planned Parenthood

**F.R.I.E.S.**



# Freely given

- No pressure, no force, no manipulation
- No asking if it was ok to do halfway through or after the fact.

# Reversible

- Something you can take back
- It's ok to stop or change your mind at any time.

# Informed

- Telling them about any STIs/STDs they should know about.
- Being honest about using condoms and birth control.
- Being honest about whether you're sexually active with other people.

# Enthusiastic

- Being excited, not just letting it happen.

# Specific

- Saying yes to one thing isn't saying yes to all things.

